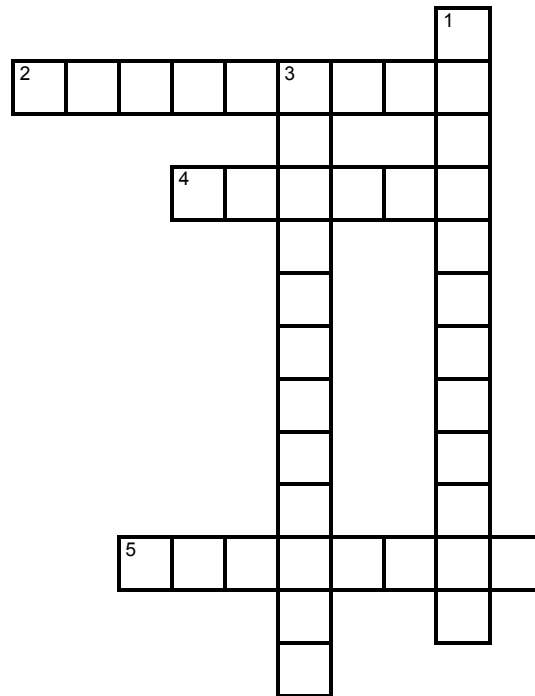


Five Types of Prayer



1. This is the prayer that we make on behalf of the needs of others. Jesus incessantly intercedes for us. God calls us also to intercede for each others and even for our enemies.
2. A prayer by which we glorify the God who made us. We adore God from whom all blessings flow
3. Mass, the celebration of the Eucharist, is this type of prayer. With this prayer we thank God for all the gifts and blessing he has given us
4. The type of prayer that prayer which recognizes most immediately that God is God. It shares in the blessed happiness of the pure of heart who love God in faith.
5. This prayer that takes many forms: to ask, to implore, to plead, to cry out. It acknowledges how much we depend on God for our needs, including forgiveness and persistence in seeking him

ADORATION
INTERCESSION
PETITION

PRAISE
THANKGIVING

Types of Prayer

Adoration: This form of prayer flows from an attitude that acknowledges we are creatures in the presence of our Creator. It is an act by which we glorify the God who made us. We adore God from whom all blessings flow.

Petition: This prayer that takes many forms: to ask, to implore, to plead, to cry out. In each case, it acknowledges how much we depend on God for our needs, including forgiveness and persistence in seeking him. We need to practice prayers of petition remembering Christ's call to ask in order to receive, to seek in order to find, and to knock in order that the door may be opened (Mathew 7:7)

Intercession: This is the prayer that we make on behalf of the needs of others. Jesus incessantly intercedes for us. God calls us also to intercede for each others and even for our enemies. Intercessions for others' needs are part of the Mass ("...we pray to the Lord").

Thanksgiving: This form of prayer flows from the Church's greatest prayer, the celebration of the Eucharist. Every moment, every event can become a prayer of thanksgiving. We are called to thank God for all the gifts and blessing he has given us including joys and sorrows, good time and bad, successes and failures.

Praise: Praise is the form of prayer which recognizes most immediately that God is God. It lauds God for his own sake and gives him glory, quite beyond what he does, but simply because HE IS. It shares in the blessed happiness of the pure of heart who love God in faith before seeing him in glory. By praise, the Spirit is joined to our spirits to bear witness that we are children of God, testifying to the only Son in whom we are adopted and by whom we glorify the Father. Praise embraces the other forms of prayer and carries them toward him who is its source and goal: the "one God, the Father, from whom are all things and for whom we exist."